

DISTRICT 13 NEWSLETTER
OCTOBER 2013 (Website Version) (Page 1 of 3)

We ask Group Chairs or GSR's to bring this Newsletter to their Group Meetings.
Please share the information.

(Print extra copies for use at meetings or get extra public version copies at District 13's website)

Sometimes a picture is worth a thousand words!



That's why we AA members do all we can to help those wanting AA's help in and out of the rooms.

This Newsletter lists a few of the current AA service efforts and activities to help others - and help ourselves.

The next **District 13 meeting** is **THIS COMING WEDNESDAY, November 6th - 7 PM** – at the regular location: Lake George Town Center [rear entrance], 20 Old Post Rd., Lake George.

There are many good things going on in AA. Why not attend this one-hour meeting and hear news about AA locally, in our own upstate area and beyond.

All AA members are welcome. Why not bring a Newcomer!

And remember, each Group's GSR or designated representative has a vote on all District matters.

District 13 publishes its new AA meeting list in March, July and November.

The new November 2013 meeting lists are expected to be available at next Wednesday's, November 6th District meeting.

There are new meetings – and some changes in existing meetings.

GSR's or Group representatives attending on 11/6 can get the Group's copies.

The Annual Area 48 AA Convention is this weekend 11/1-11/3 in Utica. 100's of members are registered. **Even if you're not registered, you can still attend. Walk-ins are welcomed.** Why not come for Saturday's great AA workshops & panels, hear inspirational speakers, enjoy the fellowship of old and new friends, and participate in some of the great entertainment! **See the enclosed Program** for all the planned events.

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Mark your calendar for **Saturday November 16th**. It's the last AA **Fellowship Day** of the year and it's in our 'backyard' Plattsburgh. Hosted by Districts 5, 10, 19 and our District 13, there will be real AA fellowship, a solid AA program - and some great 'chillin & grillin' north-county food [**See Flyer on last page for details.**]

⇒ The Year 2014 Area 48 Meeting Book lists over 1,200 AA meetings each week in our large portion of New York. Area 48 prints and distributes some 30,000 of these books each year. You can order now: just 35 cents a copy. **Ordering deadline is December 1st**. Books will ship by mid-January. **An order form is enclosed** or you can get extra order forms at Area 48's website: www.aahmbny.org or by link on District 13's website.

Remember, you also can find AA meetings on-line at the Area 48 and District 13 websites.

⇒ **Last reminder** from District Records Keeper, Paul G: there's little time left to get any group changes included in the Area 48 Year 2014 meeting book so **if your group has not reported changes, get them to Paul fast.**

Heard at a District 13 'north county' meeting recently:

Alcoholism is a three part disease: Thanksgiving, Christmas and New Year's!

That's one reason why our District 13 CPC/PI Chair, Karen H. is finalizing the special 'young peoples' AA literature packets for distribution to 43 jr. high schools, high schools and colleges in our District 13 area wisely timed for Guidance Counselors to receive these young peoples' AA packets before the holiday season that so often sees alcohol-related tragedies involving students.

Our Local District 13 works hard to serve over 60 local AA Groups with their 80 AA meetings every week.

We perform much-needed AA services beyond the ability of any single AA group to handle. A few examples:

- Operating the 24 hours a day/7 days a week AA telephone hotline where any individual may call and talk anonymously with a sober AA member and find locations & times of our 80 local AA meetings each week;
- Printing and distributing thousands of our District 13 meeting lists free to AA Groups and many others such as hotels & motels, doctors' offices, and the special young peoples' AA packages described above;
- Bringing AA meetings to those in need in treatment facilities & resuming them at correctional facilities;
- Helping to 'bridge the gap' for individuals leaving correctional and treatment facilities to link them to AA members and AA meetings in our local home towns;
- Maintaining accurate anonymity-protected AA records so each Group gets timely AA information and so District, Area and national meeting lists have correct meeting times, types and locations for members, newcomers and visitors looking for [and often needing] AA meetings; and,
- Maintaining up-to-date website <http://district13.aahmbny.org> where this information & more is available.

District 13 is able to do all these things because of dedicated AA members who volunteer their time and service and because of the much-needed contributions from groups and members - the only source of District income.

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AA Area 48's Delegate Keith D participated in the heavy-responsibility annual General Service Conference of all 93 elected Delegates from throughout the US and Canada. This Conference represents the collective **conscience of AA throughout the US and Canada.**

The full confidential report on that 2013 General Service Conference has been published. We will have copies available for each Group at District 13's meeting next Wednesday, November 6th. Attend; get your group's copy.

The Grapevine: publisher of AA's **Meeting in Print** - and wonderful books and other helps to daily sobriety: **Special holiday gift subscriptions are available.** Call 212 870 3018 or go to website www.aagrapevine.org to order or to get a free Grapevine catalog.

AA Literature - good news: all AA literature and publications can now be ordered online at www.aa.org or call 212 870 3400 to order or to get a free AA literature catalog.

Can you help in District AA service work? See vacant service positions below. It's easy: call DCM Peter R.

[Does your Group have news to share? We'll gladly publish it in District 13 Newsletters; just tell the Editor.]

There are 60 Groups in District 13 - now with over 80 AA meetings each and every week. District 13 is deeply grateful to the Groups and Members who contribute to our AA service work. Times are tough but AA really could use your help!! All contributions are acknowledged by letters from District 13, Area 48 and GSO. District 13 also lists contributions in its Treasurer's Report and Newsletter. As a possible help to members and Groups, the District provides addresses for mail and contributions in newsletters and in meeting lists. Historical contribution share has been 60% District; 30% Area & 10% GSO. The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804; HMB Area 48 118 Polar Plaza #114, Route 30, Amsterdam, NY 12010; and General Service Office (GSO) P. O. Box 459, Grand Central Station, New York, NY 10163 GSO contributions also can be made on-line at: www.aa.org and click on 'contributions' icon.

⇒ Need to talk to someone at District 13? Committee Chairs - and contact information - are as follows:

<u>Committee:</u>	<u>Chairperson</u>	<u>e-mail address (all lower case)</u>
• DCM	Peter R. [elected 7/3/13]	(e-mail: district13dcm-pr@aahmbny.org)
• Alternate DCM	* <u>Vacant</u> *	Please consider this AA service opportunity
• Secretary	Tom B. [elected 3/6/13]	(e-mail)
• Treasurer	Everett V. [elected 3/6/13]	(e-mail district13treasurer@aahmbny.org)
• Records	Paul G.	(e-mail: district13@nycap.rr.com)
• Bridging the Gap	John W.	(e-mail: district13btg@aahmbny.org)
• Corrections	Robin W. [elected 9/4/13]	(e-mail:)
• CPC/PI	Karen H. [elected 7/3/13]	(e-mail: district13cpc@aahmbny.org)
• Treatment	Lisa A. [elected 7/3/13]	(e-mail: district13treatment@aahmbny.org)
• Newsletter Editor	John D.	(e-mail: district13newsletter@sprynet.com)
• Grapevine	* <u>Vacant</u> * [Peter R. elected DCM]	Please consider this AA service opportunity
• Archives	* <u>Vacant</u> *	Please consider this AA service opportunity
• Special Needs	* <u>Vacant</u> *	Please consider this AA service opportunity
• Webmaster	Lou H., Sr. [elected 3/6/13]	(e-mail: district13webmaster@aahmbny.org)

⇒ **NOTE: A CONFIDENTIAL VERSION** of the District 13 Newsletter is issued **for inside AA use only.** This **Public Version** of the District 13 Newsletter is for posting on Area 48 and District 13 Websites.



HMB AREA 48
NOVEMBER NORTH COUNTRY FELLOWSHIP DAY
GRILLIN' & CHILLIN'

11/16/2013 9:00 – 3:00

This is the last Area Event of 2013. Hosted by the Adirondack Cluster at the United Methodist Church 127 Beekman St. Plattsburgh, NY, 12901.

Tentative Agenda

Meet & Greet, Area Committee Meetings (PI-CPC, Treatment, Special Needs, Bridging the Gap, Corrections), End of Year Reports.

7th Tradition Lunch prepared on site.

Directions

From the South: I87 North to exit 38S. Follow the ramp onto N Catherine St to 1st traffic light and turn right onto Boynton Av. Drive past Mellissa Penfield Park and take 2nd left onto Beekman St. The United Methodist Church will be on the right.

From the North – Yah right.

Contact althmbchair@aahmbny.org

"A Design for Living"

November 1-3, 2013

Hotel Utica, Utica, NY

Friday, November 1

3:00 pm - Registration opens
3:00pm – Hospitality opens
4:00pm – Archives opens
4:00pm-5:00pm – Early Bird Meeting
5pm-6:30pm - Dinner hour (on your own)
6:30pm-7:45pm -
- Workshop 1: Our Primary Purpose
- Panel 1: Service ~ Giving of Ourselves
8:00pm-9:00pm - Kick-Off Speaker
9:30pm-12:30am - Entertainment
9:30pm – Alcahons start

Saturday, November 2

6:00am-Hospitality opens
8:00am – Registration opens
8:00am – Archives opens
8:45am-10:00am -
- Workshop 2: Giving Up ~ Honesty, Hope & Faith
- Panel 2: Our Experience Has Taught Us
10:15am-11:30am -
- Workshop 3: Owing Up ~ Courage, Integrity & Willingness
-Panel 3: The Cement That Binds Us
11:30am-1:00pm - Lunch
11:45-12:45 - Corrections Workshop
1:00pm-2:15pm -
- Workshop 4: Cleaning Up ~ Humility, Love & Justice
- Panel 4: AA Is Not For Sale ~ To Those We Serve

2:30pm-3:45pm -
- Workshop 5: Keeping Up ~ Perseverance, Spirituality & Service
- Panel 5: Like A Rock
4:00pm-5:15pm - Old Timer's Panel
6:45pm-8:30pm - Banquet
8:30pm-9:30pm - Keynote Speaker Meeting
9:45pm-12:30pm - Entertainment ~ Live Band & Open Mic
10:00pm – Alcahons begin

Sunday, November 3

6:00am – Hospitality opens
8:45am – 9:45am - Meditation Meeting
10:00am-11:30am - Spiritual Speaker Meeting

Al-Anon Program

Saturday, November 2

8:45am-10:00am
Stairway to Serenity ~ Working the Alanon Steps
10:15am-11:30am
Reaching for Higher Ground ~ Spirituality in Al-Anon
12:00pm-12:45pm
Open Al-Anon Meeting
1:00pm-2:15pm
The Garden ~ Tools of Alanon
2:30pm-3:45pm
If You Want it, Here it Is ~ Attracting Newcomers
4:00pm-5:30pm
Musical Chairs ~ Speed Sponsoring

2013 HMB CONVENTION

November 1-3, 2013

"A DESIGN FOR LIVING"



Hotel Utica
102 Lafayette St
Utica, NY
315-724-7829 or 877-906-1912
hotelutica.com
 You must phone the hotel direct to get
 the special \$99 rate -
mention HMB Convention

Amenities include: complimentary continental breakfast, free wireless high speed internet access, oversized television, in room movies and cable TV, air conditioning, two phones with dual lines, plus a recharging station for your laptop, complete designer toiletries, full sized iron and ironing board, hair dryer, coffee maker and most with refrigerators.

Directions:

Thruway I90 to Utica Exit 31.
 Take Genesee St South to
 Lafayette St, Right on Lafayette,
 hotel is on the left.

Optional Saturday Lunch Buffet:
 Tucson Vegetable Soup, House Salad &
 choice of turkey or egg salad sandwich - \$16

Optional Saturday Night Plated Dinner:
 Sliced Roast Beef (B), Mediterranean Chicken (C)
 or Eggplant Neopolitan (V) - \$28

Questions??

email hmbconvention@aahmbny.org or call Brenda

Registration (one person per form please)

Name _____
 Address _____

 Phone _____
 Email _____
 Home Group _____
 Area _____ District _____
 Years in Program _____
 _____AA_____Alanon_____Alateen
 Special Needs (pls specify)

Name as you wish it to appear on badge:

Registrations postmarked:
 by 9/30 - \$18
 10/1 & after - \$20 \$ _____
 Meals:
 Saturday Lunch \$ _____
 Saturday Banquet \$ _____
 Circle one: B C V
 Total Enclosed: \$ _____

Make checks payable to:
 2013 HMB Convention

Mail to:
 2013 HMB Convention
 PO Box 13
 New Hartford, NY 13413

~~2014~~ ~~2013~~ **HMB Area 48** ~~Meeting Schedule Order Form~~

Hudson Mohawk Berkshire Area 48 of Alcoholics Anonymous

~~2014~~ ~~2013~~ **HMB Meeting Schedule Book Order Form**

Pre Order Deadline December 1, 2013

ALL ORDERS MUST BE PREPAID

Inquiries to: alttreasurer@aahmbny.org

Estimated shipping is mid- January 2014

No Shipping to PO Boxes

Schedules are \$.35 ea.

(Minimum order 10)



Shipping Costs*:			
10-100	\$10.00	601- 900	\$34.00
101-200	\$14.00	901-1200	\$46.00
201-300	\$18.00	1201-1500	\$58.00
301-600	\$22.00	1501-1800	\$70.00
For every additional 100 over 1800 add \$4.00			
*Due to the high price of shipping, it is recommended that groups with small orders combine with other small order groups to maximize savings.			



PLEASE PRINT LEGIBLY

Name: _____ Group or Organization: _____

Street Address: _____

City/Town: _____ State: _____ Zip: _____

Contact Person: _____ Email: _____

Phone: (____) _____

Quantity: _____ x \$.35 = \$ _____

Shipping & Handling (see box above): \$ _____

Total Enclosed: \$ _____

**MAKE CHECKS
PAYABLE AND
MAIL ORDERS TO:
HMB MEETING
SCHEDULES
PO BOX 13
NEW HARTFORD, NY
13413**