

**DISTRICT 13 NEWSLETTER**  
**FEBRUARY 2014 (Website Version)** (Page 1 of 3)

**We ask Group Chairs or GSR's to bring this Newsletter to their Group Meetings.**  
(Print extra copies for use at meetings or get extra public version copies at District 13's website)

**The next District meeting is this coming Wednesday March 5<sup>th</sup>.**  
Regular location: Lake George Town Center rear entrance, 20 Old Post Rd., Lake George.  
All AA members are welcome. Why not bring a newcomer and hear what's new in AA!

The **new March 2014 District 13's meeting lists** are expected to be available at that **March 5<sup>th</sup> meeting**. We update and print 2,000 copies every four months. There are meeting changes including new start times. For example: **Chestertown Friday night meeting starts at 7:30PM beginning with March 7<sup>th</sup> meeting**. Each Group GSR or representative can obtain the Group's free copies at the March 5<sup>th</sup> meeting.

HMB Area 48 prints over 30,000 copies of its annual meeting book. The new **Year 2014 book** lists over 1,200 meetings every week in Area 48's large portion of New York State. Many District 13 Groups ordered copies. While supplies last, you still can get copies using the order form at Area 48's website: [www.aahmbny.org](http://www.aahmbny.org).

Remember AA's Tradition 1: "Our common welfare should come first; personal recovery depends on AA unity."

Here are some AA service & fellowship activities occurring for the good of members and one, whole united AA:

- Feb. 21-23 - Once each year, AA members and Group, District and Area representatives from twelve States participate in a weekend of intense service workshops on ways AA can better serve those already in the rooms and those yet to come in the years ahead. This Northeast Regional Alcoholics Anonymous Service Assembly [NERAASA] was just held this year in Warwick, Rhode Island. Our District 13 DCM, Peter R. participated and will give a "report-back" at the March 5<sup>th</sup> District meeting.

District 13 members perform their AA service with travel/lodging expenses paid **out of their own pockets!** **That means all member and group contributions to District 13 go directly to AA service work;**

- March 15 - Saturday - Area 48 Fellowship Day - being held in Kingston - See enclosed flyer;

- April 12 - Saturday - Area 48 Delegate's Day - hosted by Adirondack Cluster - in Saratoga - See enclosed flyer.

This is an opportunity for all AA members to share their views and concerns about AA today and in the future as our Area 48 Delegate, Pat L. prepares to participate in the General Service Conference Annual Meeting.

The Conference with 93 elected Area Delegates represents the **AA Conscience** of the entire U. S. and Canada.

Why not attend this April 12<sup>th</sup> Delegate's Day; join with your fellow AA members and let your voice be heard?

DCM Peter R. expresses gratitude for members who recently were elected to District 13 service positions but reminds us of the several still-vacant AA service positions in District 13: Alternate DCM; Grapevine; Special Needs; and possibly, Corrections Chair. On the "Good News" side, member Bill D. says he is willing to serve as our new District 13 Newsletter Editor if elected at the March 5<sup>th</sup> meeting. Thank you, Bill.

In fact, this issue of the District 13 Newsletter was prepared jointly by outgoing Editor John D. and Bill D.

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Correct, up to date meeting lists really are important. That's why District 13's **Records Keeper, Paul G.** works so hard to perform this AA service and reminds all Groups to submit Group change information to him as soon as possible. Contact Paul by e-mail at [district13@nycap.rr.com](mailto:district13@nycap.rr.com).

Making sure that Group change information promptly is reported to Records Keeper, Paul G. also means:

- Everyone can find current, correct AA meeting information on-line at Area 48 and District 13 websites; and,
- Callers to our **District 13 telephone hotline 518 793 1113** will hear the correct meeting information.

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Remember the **Grapevine**? **It's not just the monthly magazine; it's all the great books available!**

The latest new Grapevine Book is: *One On One – AA Sponsorship in Action*.

Order it on-line at [www.aagrapevine.org](http://www.aagrapevine.org) or call the Grapevine at 212 870-3018. Get a free catalog, too!

Also get Grapevine's free Daily Quote of the Day. Just go to [www.aagrapevine.org](http://www.aagrapevine.org). Here are two recent ones:

"Empathy, not sympathy or pity, is the most useful quality a sponsor can cultivate." Bellevue, Wash., January 1975 from: "Need a Sponsor? Who? Me

"Genuine peace will always be a chief ingredient of AA's freedom. But let none suppose that we shrink from major conflict only because we are afraid. Nowadays we believe we keep the peace because we love each other." AA Co-Founder, Bill W., Nov. 1960 "Freedom Under God: The Choice Is Ours" from The Language of the Heart

At the upcoming March 5<sup>th</sup> District meeting, DCM Peter R will briefly report on Area 48's Inventory Day held January 11<sup>th</sup> and the just-concluded February 21<sup>st</sup> - 23<sup>rd</sup> Northeast Regional Alcoholics Anonymous Service Assembly [NERAASA]. The goals of these major AA service efforts are to find ways of improving AA service to existing members and, in the years to come, to those 'still out there' wanting, AA's help.

Peter recently pointed out the wisdom of Groups conducting their own periodic business and group conscience meetings - just as Area 48 did on 1/11 and as AA's U.S. & Canada-wide General Service Conference will do at its upcoming Annual Meeting. He said "The Saturday April 12<sup>th</sup> Delegate's Day in Saratoga is an opportunity for all AA members, Groups and Districts to share their ideas with our Area 48 Delegate, Pat L. as she prepares for this year's **General Service Conference - the Conscience of AA U.S. & Canada wide**."

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**District 13's WEBSITE has some great AA information. Why not check it out!**

Webmaster Lou H. Sr. reminds us the District 13 website <http://district13.aahmbny.org> is running well.

Please visit the District 13 website to: find AA meetings; view AA and Grapevine literature catalogs; find out how to purchase AA & Grapevine literature; start a new group or change existing group information; make contributions to District 13; Area 48 and GSO; view and print copies of Area 48 and District 13 Newsletters and download/print free copies of the current District 13 meeting list; and more! Find it all at our website: <http://district13.aahmbny.org>.

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**Please remember:** District 13 maintains a **24 hours a day/7 days a week telephone 'hotline'** providing AA meeting locations, days and times and providing an opportunity for anyone struggling with alcohol to talk anonymously with a recovering sober member of AA. **The hotline telephone number is (518) 793-1113. Please don't hesitate to give this phone number to anyone you believe could use it!**

**There are 60 AA Groups in District 13 - now with 80 AA meetings each and every week. District 13 is deeply grateful to the Groups and Members who contribute to our AA service work. Times are tough but AA really could use your help!!** All contributions are acknowledged by letters from District 13, Area 48 and GSO. District 13 also lists contributions in its Treasurer's Report and Newsletter. As a possible help to members and Groups, the District provides addresses for mail and contributions in newsletters and in meeting lists. Historical contribution share has been 60% District; 30% Area & 10% GSO. The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804; HMB Area 48 118 Polar Plaza #114, Route 30, Amsterdam, NY 12010; and General Service Office (GSO) P. O. Box 459, Grand Central Station, New York, NY 10163 GSO contributions also can be made on-line at: [www.aa.org](http://www.aa.org) and click on 'contributions' icon.

⇒ Need to talk to someone at District 13? Committee Chairs - and contact information - are as follows:

<u>Committee:</u>	<u>Chairperson</u>	<u>e-mail address</u> (all lower case)
• DCM	Peter R. [elected 7/3/13]	(e-mail: <a href="mailto:district13dcm-pr@aahmbny.org">district13dcm-pr@aahmbny.org</a> )
• Alternate DCM	* <u>Vacant</u> *	Please consider this AA service opportunity
• Secretary	Tom B. [elected 3/6/13]	
• Treasurer	Everett V. [elected 3/6/13]	(e-mail: <a href="mailto:district13treasurer@aahmbny.org">district13treasurer@aahmbny.org</a> )
• Records	Paul G.	(e-mail: <a href="mailto:district13@nycap.rr.com">district13@nycap.rr.com</a> )
• Bridging the Gap	John W.	(e-mail: <a href="mailto:district13btg@aahmbny.org">district13btg@aahmbny.org</a> )
• Corrections	Robin W. [elected 9/4/13]	
• CPC/PI	Karen H. [elected 7/3/13]	(e-mail: <a href="mailto:district13cpc@aahmbny.org">district13cpc@aahmbny.org</a> )
• Treatment	Lisa A. [elected 7/3/13]	(e-mail: <a href="mailto:district13treatment@aahmbny.org">district13treatment@aahmbny.org</a> )
• Newsletter Editor	* <u>Vacant</u> * [Bill D. is willing to serve if elected at the March 5 <sup>th</sup> District meeting]	Until then, contact John D. at: <a href="mailto:district13newsletter@sprynet.com">district13newsletter@sprynet.com</a> )
• Grapevine	* <u>Vacant</u> * [Peter R. elected DCM]	Please consider this AA service opportunity
• Archives	Joe B. [elected 1/8/14]	
• Special Needs	* <u>Vacant</u> *	Please consider this AA service opportunity
• Webmaster	Lou H., Sr. [elected 3/6/13]	(e-mail: <a href="mailto:district13webmaster@aahmbny.org">district13webmaster@aahmbny.org</a> )

⇒ **NOTE:** A **CONFIDENTIAL VERSION** of the District 13 Newsletter is issued **for inside AA use only.** This **Public Version** of the District 13 Newsletter is for posting on Area 48 and District 13 Websites.

# ***HMB AREA 48 FELLOWSHIP DAY***

*Hosted by the Hudson Valley Cluster*

*Districts (3, 7, 11, 15, 16, 17)*

***Saturday, March 15, 2014***

***9:00 am – 3:00 pm***

Senior Residence Auditorium, Benedictine Hospital

105 Marys Avenue

Kingston, NY 12401

## **AGENDA**

09:00 am - 10:00 am

Registration / Meet & Greet

09:15 am – 09:45am

GSR Orientation / Workshop

09:15 am – 09:45am

DCM Orientation / Workshop

10:00 am – 10:10 am

Introductions & The Day Ahead

10:15 am – 11:05 am

Mutual Respect & Love

10:15 am – 11:05 am

How We Got Here – Part 1

11:10 am – 12:00 pm

Sober – Now What?

11:10 am – 12:00 pm

How We Got Here – Part 2

12:00 pm – 12:45 pm

Lunch

12:50 pm – 01:30 pm

Service Committee Round Tables

CPC/PI/SN/CF/BTG/Treatment

Finance/Archives

12:50 pm – 01:30 pm

What is a Service Committee?

1:30 pm – 03:00 pm

Area Business Meeting

**ALL AA MEMBERS WELCOME AND ENCOURAGED TO ATTEND**

**Additionally, come visit the AREA ARCHIVES which will be on display!!!!**

Directions and map on back of flyer.

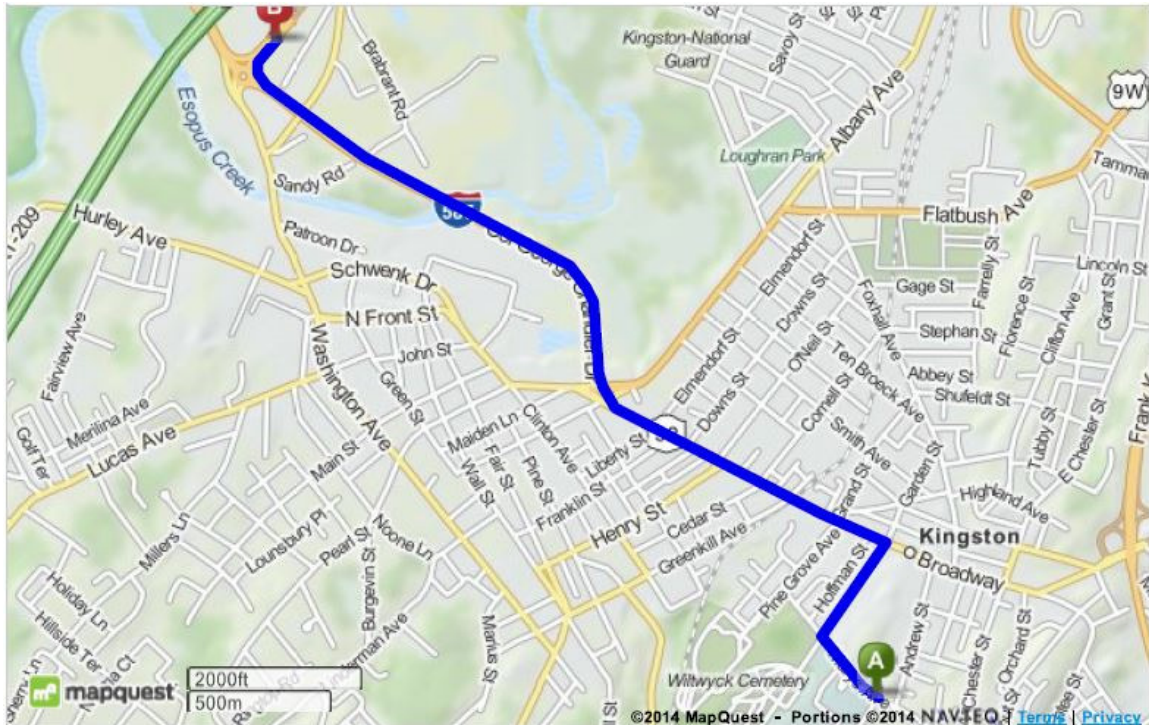
For more information email [althmbchair@aahmbny.org](mailto:althmbchair@aahmbny.org)

### **What is Fellowship Day???**

The HMB-style day of service and fellowship shall be called “Day of Fellowship and Service” (or “Fellowship Day” for short).

### **Directions from NYS Thruway:**

Take Exit 19. Proceed around the roundabout and take the 3<sup>rd</sup> exit onto Route 587.  
Proceed 1.1 miles to the light. (You will want to be in the middle lane.)  
Proceed South onto Route 32 / Broadway. (Note that after you go straight, the road bears to the left)  
Stay on Broadway for 0.8 miles to the 5<sup>th</sup> light and turn Right onto W. O’Reilly Street.  
Proceed 0.2 miles to the light. Turn Right onto Marys Avenue.  
Proceed 0.1 miles and turn Right onto Webster Street (You will pass the Benedictine Hospital on the Right).  
Parking will be at the end of the building immediately after turning onto Webster Street.



**NOTE: There is NO smoking on the hospital property.**

**HMB AREA 48    NORTHEASTERN NY**

# **DELEGATES DAY OF SHARING**

**SATURDAY,  
APRIL 12, 2014  
9:00AM—3:00PM**



**SARATOGA SPRINGS  
UNITED METHODIST CHURCH  
175 FIFTH AVENUE  
(FIFTH AVE. & HENNING RD.)  
SARATOGA SPRINGS, NY 12866**

*Open to AA Members from HMB Area 48*

*Learn how Area, Districts and Groups function  
cooperatively within Alcoholics Anonymous*

**SERVICE OPPORTUNITIES ~ FELLOWSHIP ~ ROUNDTABLE DISCUSSION  
BREAKFAST AND LUNCH PROVIDED**

*Donations of Breakfast Items and Desserts will be accepted or  
if you are interested in being of service at this event please contact  
the District 5 Functions Committee at [D5Functions@gmail.com](mailto:D5Functions@gmail.com)*



**HOSTED BY THE ADIRONDACK CLUSTER  
DISTRICTS 5, 10, 13 & 19**

**DIRECTIONS**

From the I-87 Northway, take Exit 14, and follow Route 9P towards Saratoga Springs. At the first traffic light, turn right on Henning Road, follow approximately 1 mile to Fifth Avenue. Turn left on to Fifth Avenue, and then take an immediate right into the church driveway. The church is located directly at the corner of Fifth Avenue & Henning Road.

